



On the Western Slope

Members Complete Trail Maintenance Project

Clark H. Galloway, Trails Chairman

The chapter is responsible for maintenance of Section 33 of the Long Path, part of which goes through Thacher Park. Paul Praus, Assistant Trails Chairman, learned from Park Manager Chris Fallon that a park road used by the trail needed some work on drainage. On Saturday May 2, eight members carried out the pick and shovel work necessary to complete the project.

The picture shows those chapter members who got some good exercise “putting something back in the trails” for all hikers to enjoy. Join us on the next project when we will be doing more typical maintenance such as clipping bushes along a trail.



*Clark Galloway, Gerry Weber, Wally Herrod, Margie Jordan, Diana Praus, Kevin Cox, Donald Hoffses, Trails Manager (AMC, Boston)
Photo: Paul Praus*

Chapter Leadership Changes and Opportunities

...Here is a great opportunity to become involved in the Mohawk Hudson chapter...

tion, and Enny and Bill have offered to mentor the incoming officers. Here is a great opportunity to become involved in the Mohawk Hudson chapter. Call Enny or Wally to express your interest or for more information.

In November, after three years of service, Evelyn Dufur will step down as chapter Co-Chair. Bill Dufur will step down as Membership Chair. These important chapter leadership positions need to be filled with a seamless transi-

New Members Meeting July 16

All new members are invited to an orientation meeting at Evelyn Dufur’s house in Castleton on Tuesday, July 16 at 7pm. Among topics to be covered: What do you need to hike successfully? Hiking safely; Equipment; What can you expect when joining AMC? How to become involved in the chapters. Meet other new and continuing members. Call Enny to register and for directions, 477-7132.

Highland Center Weekend September 25, 26, 27

This will be our 4th Annual Chapter Weekend. Come and enjoy the beautiful foliage! There are hikes and activities planned for all ages and abilities. This year we have bunkrooms with shared baths for \$76.68 pp/per night or private rooms with private baths for \$129.60 pp/per night. All rooms include meals. Send a \$50 deposit now to hold your room. Full payment is due by August 30th. Send checks made out to Mohawk /Hudson Chapter of AMC to Evelyn Dufur, 14 Huckleberry Drive, Castleton NY 12033. We are filling up fast, so HURRY!

Chapter Annual Meeting November 19

Mark your calendars and hold November 19 for our annual chapter dinner meeting and chapter elections. Our speaker will be Roger Scholl, AMC Director of Volunteer Operations and mountaineer. He will give an illustrated talk on "Mount McKinley: a Modern Expedition to the West Buttress of North America's Highest Peak".

We have changed the venue and cost of the meeting to accommodate our members. This year the meeting will be at the Cross-gates Restaurant and Banquet House, Washington Avenue Extension. The price will \$26 with a choice of chicken, beef, or salmon. Reservation checks (made out to Mohawk/Hudson AMC) are due November 1 to Evelyn Dufur, 14 Huckleberry Road, Castleton NY 12033. Include your dinner choice and phone number.

Mohawk-Hudson Chapter Executive Committee 2009

Evelyn Dufur, Co-Chair
Phone 477-7132, E-Mail: edufur@aol.com

Walter Herrod, Co-Chair
Phone: 758-9463, E-Mail: bwherrod@fairpoint.net

Sharon Bonk, Secretary & Western Slope Editor
Phone: 674-0042, E-Mail: sboqc@mindspring.com

Myra Fedyniak, Treasurer
Phone: 321-3107, E-Mail: Myra_Fedyniak@yahoo.com

Henry Schreiber, Regional Director
Phone: (212) 945-2916, E-Mail: hfschreiber@pobox.com

Clark H. Galloway, Trails Chairman
Phone: 439-3476, E-Mail: cmtng@msn.com

Charlie Hatch, Webmaster
Phone: 868-9768, E-Mail: cehatch@nycap.rr.com

Kendra Pratt, Communications & PR Chair
Phone: 399-4200, E-Mail: kpratt1@nycap.rr.com

Billy Dufur, Membership Chair
Phone: 477-7132, E-Mail: edufur@aol.com

Kevin Cox, Outings Chair
Phone: 279-4839, E-Mail: mmcloug1@nycap.rr.com

All phone numbers are area code (518) unless noted.



www.wsg.net/amc

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Mohawk-Hudson Chapter Outings

July - August - September 2009

Reminder: The Mid-Week Hikers welcome you to join them on their Wednesday outings. Although not all events are listed on this schedule, mid week outings are for those of you who are able to take a break during the week. If you would like to join this enthusiastic group, please contact Evelyn Dufur at 518-477-7132 for details.

Hiking at a Relaxed Pace (HARP) is a group that usually bikes on Wednesdays or Thursdays. If you would like to join this group, please contact Frank or Dee Wind 518-458-1781 or we_tell@verizon.net for details.

July

Wednesday July 1, Thacher State Park, Albany Co. (B-3-C)

Come walk the spectacular Escarpment and Indian Ladder Trails. Magnificent views across the Mohawk and Hudson valleys, two waterfalls, and interesting geological formations. Five miles total. Expect small parking fee, less for seniors. Co-leaders: Will and Nancy Crowther, 864-5258, 617-899-1756, or nancy@crowther.org

Wednesday July 15, Keystone Arches Bridge Trail, Chester MA (C-3-C)

Follow the West Branch of the Westfield River, with its Class 3 and 4 rapids. View two 19th Century Railroad bridges still active today. 4 miles, 260' gain. Leader: Sharon Bonk, 674-0042 or sboqc@mindspring.com

Saturday July, 18 Peaked Mountain Pond and Peaked Mountain, (B-3-C)

This hike in the central Adirondack region 7 miles round trip with 1200 feet elevation gain. Leader: John Good, 399-7795 (before 9:00 PM) or wjgood3@gmail.com

Sunday July 26, Snow Hole, Petersburg Pass, NY (B-3-C)

6 miles on the Taconic Crest Trail with minimal elevation gain. Cool off mid-hike in the bedrock crevice. This hike is part of the Rensselaer Land Trust outings series. Leader: Sharon Bonk, 674-0042 or sboqc@mindspring.com

August

Saturday August 8, Wittenberg, Cornell & Slide Mountains Catskills (A-3-B)

A strenuous but moderately paced hike. Distance: 10 miles Ascent 3500'. We will need to spot a car. Register by August 6. Leader: Kevin Cox, 279-4839 (before 9:00 PM) or mmcloug1@nycap.rr.com.

Saturday August 15, Pharaoh Mountain and Glidden Pond Loop, (A-2-C)

We'll hike to Pharaoh Mountain, Pharaoh Lake and Glidden Marsh and hope to see lots of wildlife as we go. Elevation gain is moderate, 1500'; distance is 12 miles. Leader: John Good, 399-7795 (before 9:00 PM) or wjgood3@gmail.com

Saturday August 22, Yokun Ridge South and Burbank Reserve, Lenox, MA (B-3-C)

From Olivia's Outlook, we will hike 5-6 miles, with 900' cumulative gain: Charcoal and Walsh Trails south of Olivia's Outlook, followed by the loop trail in the Burbank Reserve across the road. Leader: Sharon Bonk, 674-0042 or sboqc@mindspring.com

Saturday August 29, Shelving Rock Mt. and Lakeside Trail-Adirondacks (B-3-B)

The Lakeside Trail that hugs the eastern shore of Lake George is a marvelously pretty gem. However, it is not easily accessed. We will use a 6-mile loop over scenic Shelving Rock Mt. (elev. 1130 feet). Swimming in Lake George is an option. Trip size limited to 10. Leader: Wally Herrod, 758-9463 or bwherrod@fairpoint.net

September

Sunday September 6, Indian Head & Twin Mountains Catskills (B-3-B)

Distance: 7 miles Ascent: 2200' Elevations: 3575' and 3640' A moderately paced trail hike. Leader: Ken Hubert, hikeleader3500@yahoo.com or call 718-463-5675 after 3:00 PM M-Th (or 518-827-7327 Fri & Sat).

Friday-Sunday September 11-13, Franconia Ridge NH White Mts. (A-3-A)

We will be hiking Mt Lafayette and Mt Lincoln by following a loop on the Greenleaf, Franconia Ridge, Falling Waters and Old Bridle Path trails. The distance is 8.9 miles and ascent 3850'. If there is interest, we could hike on Sunday, too. Register by August 15 in order to make reservations. Leader: Kevin Cox, 279-4839 (before 9:00 PM) or mmcloug1@nycap.rr.com

Saturday September 19, Mountain Meadow Preserve, Williamstown, MA (C-3-C)

A Trustees of Reservations property that spans the MA/VT border with meadows, hills and great views of Mt Greylock. Distance 4 miles, 470' ascent. Leader: Sharon Bonk, 674-0042 or sboqc@mindspring.com

Sunday September 20, Crane Mountain (3254 feet) Adirondacks (B-3-A)

You'll work on this one, but it is so worth it. Our 6 mile loop will include some down time at beautiful Crane Mt. Pond. Ascent : 1154'. Rocky and steep in spots, so a pole is suggested. Leader: Wally Herrod, 758-9463 or bwherrod@fairpoint.net

Wednesday September 23, Stissing Mt. and Thompson Pond Loop Northern Dutchess Co. (B-3-B)

The view from this little (but steep) fire tower mountain is really incredible. After looping down the mountain, we will then loop around historic Thompson Pond, a national nature landmark. If you have not been to this area, come and discover with us! Ascent: 1000'; distance 6 miles. Leader: Wally Herrod, bwherrod@fairpoint.net or 758-9463

Friday- Sunday September 25-27, Highland Center Weekend

See details in *On the Western Slope* page 1

Saturday September 26, Big Slide via Three Brothers Adirondacks (A-3-B)

We will be ascending over three summits with good views culminating in a spectacular view from Big Slide Mt. We will go down the Slide Brook Trail and follow the Phelps Trail out. Hopefully, the fall foliage will be outstanding. The distance is 9.5 miles. Ascent: 2800 feet . Leader; Kevin Cox 279-4839 (before 9:00 PM) or mmcloug1@nycap.rr.com

Wednesday September 30, Christman Sanctuary, Delanson, Schenectady Co. (C-3-C)

Come walk this lovely Nature Conservancy property. Thirty feet waterfall, woody trails, a shallow ford of the Bozenkill, a beautiful stream of rocky sandstone and shale. About 3 gentle miles total. Co-leaders: Will and Nancy Crowther, 617-899-1756, 518-864-5258, or nancy@crowther.org

Hike Ratings

Distance

- AA = +13 miles
- A = 9 to 13 miles
- B = 5 to 8 miles
- C = under 5 miles

Leader's Pace

- 1 = very fast pace, 2.5 mph or faster
- 2 = fast pace, 2 to 2.5 mph
- 3 = moderate pace, 1.5 to 2 mph

Terrain

- A = very strenuous
- B = strenuous
- C = average



Please note that all hikes require advance registration. Please contact the leader for information about hike difficulty, meeting time and place, and carpooling. All numbers are 518 unless otherwise noted.

New Members February-April 2009

| | |
|----------------------|------------------|
| Elizabeth DiPalma | Chatham |
| Chris Ballantyne | Clifton Park |
| Angeliqve Bevee | Albany |
| Maija Collins | Albany |
| Gary Cunningham | Scotia |
| Dawn Dana | Albany |
| Heather Field | Valatie |
| Gerard Fogarty | Ballston Spa |
| Ron Frey | Schenectady |
| Edward Fritz | Averill Park |
| Richard C. Hart | Albany |
| Charles Horowitz | Schenectady |
| Roger W. Hughes | Ballston Spa |
| Peter Kilinski | Saratoga Springs |
| Joseph Krausman | Menands |
| Jake Landry | Albany |
| Karen Lou | Schenectady |
| Doretta M. Miller | Saratoga Springs |
| Peter Millock | Loudonville |
| Bradley C. Mohr | Albany |
| MsMurphy/MrWebster | New Paltz |
| Joshua Pacheco | Albany |
| Dave Pratt | Stillwater |
| Maria Rawson | Glens Falls |
| Jane Root | Saratoga Springs |
| Lawrence H. Schaefer | Schenectady |
| Marilyn J. Schmidt | Troy |
| Ray Skowyra | St. Paul MN |
| David Springarn | Saratoga Springs |
| Mr.Tillman/Ms.Quell | Chatham |
| David Treadway | Albany |
| Mark R. Walsh | Troy |
| Alicia Welch | Troy |
| Amy Wilson | N. Blenheim |
| Martha Zibro | Waterford |

Chapter Webmaster Vacancy

After many years of service, Charlie Hatch, our chapter webmaster, has indicated it's time for another to take on this role. If you have web design skills and are interested in making our website a compelling member communication tool, please contact Wally Herrod to discuss the specifics.



